LIFE Week Spiritual Preparation Guide

How to Use This Spiritual Preparation Guide

1. Set a specific time and a quiet place to work through the guide.

2. Use the guide along with your Bible. Read through the pages. Remember, you are in the presence of God.

3. Answer the questions and follow the suggestions.

4. It will take about one hour to read and pray through the guide.

5. DON’T TAKE ANY SHORTCUTS! It is more meaningful to put forth the effort and have the privacy needed to examine yourself.
3 Prerequisites for Spiritual Revival

We are praying for revival. If we are to have revival – Revival must begin in me.

I. I must be willing to lay:

1. My Life
2. My Time
3. My Talents
4. My Money

*All that I am, and all that I have on God’s altar.*

II. I must accept that the power of the Holy Spirit is the only sufficient power.

God is able:

1. To forgive every sin
2. To cleanse every stain
3. To save any sinner
4. To overcome all doubts
5. To quiet every fear
6. To meet every need
7. To use me to win souls for Christ
8. To bless His people with revival
9. To give VICTORY

*Revival comes from God to His people.*
3 Prerequisites for Spiritual Revival

III. I must prepare myself through:

1. Bible study
2. Praise
3. Prayer
4. Soul-searching
5. Confession of sin
6. Repentance
7. Emptying of self

These make a person ready for revival – for filling with the Holy Spirit.

Are you willing to be filled with the Holy Spirit?

Do you have the faith just to let God do with you as He wills?
Personal Spiritual Preparation Guide

I. PERSONAL WORSHIP

a. Read and pray through the following passages. Record any insights from your time with the Lord:

i. Psalm 95
ii. Psalm 96
iii. John 4:24
iv. Isaiah 6:1-8

II. PRAISE

a. Thank the Lord for blessings you have received. Read through the following passages. Record any insights from your time with the Lord:

i. Psalm 9:11
ii. Psalm 67
iii. Hebrews 13:15
iv. 1 Peter 2:9
III. CONFESS

a. Prepare your heart for a time of reflection and confession following passages. Record any insights from your time with the Lord:

i. Proverbs 28:13
ii. 1 John 1:8-9
iii. Psalm 51:1-17

b. Ask the Lord to reveal:

i. **Private sins** – Offenses against God alone – Must be confessed to God alone
ii. **Personal sins** – Offenses against others – There can be no peace until these sins are confessed to God.

**NOTE:** As God leads, you may need to confess to the person wronged. You must make an effort to restore broken relationships.

iii. **Public sins** – Offenses against the church such as: gossiping, neglect of duty, wrongful attitudes, etc.

If these sins are not confessed, you cannot be filled with the Holy Spirit and will not experience revival.
c. Carefully work through the follow confession prompts.

**IMPORTANT:** Do not fall into the temptation to rush through this section. Take time for the Lord to reveal to you the status of your heart. Record any insights or actions the Lord prompts you to take:

i. Am I willing to pay the price to experience revival and a renewed relationship with Jesus?

ii. What is God asking me to do that I am unwilling to do?

iii. Is experiencing revival a priority for me?

iv. Am I sinning the sin of prayerlessness?

v. Have I neglected the Word of God?

vi. Have I forgiven everyone the Lord has brought to my mind?

vii. Is all resentment out of my heart?

viii. Am I willing to ask forgiveness from anyone I have wronged in any way?
Personal Spiritual Preparation Guide

ix. Am I impatient?

x. Am I irritable?

xi. Am I easily offended?

xii. Do my “hurt feelings” keep me from serving God?

xiii. Do I get angry?

xiv. Do I bear grudges?

xv. Do I “blow up”?

xvi. Do I “swell up” with resentment?

xvii. Do I have enmity toward anyone?

xviii. Have I, in any way, been dishonest with God?

xix. Have I been dishonest with my church?

xx. Have I broken any promise or pledge made to God or to His church?
Personal Spiritual Preparation Guide

xxi. Am I honest with others?

xxii. Do I have sinful pride in my heart?

xxiii. Do I covet?

xxiv. Have I sought material blessings more than spiritual blessings?

xxv. Is there anything in my life that I would be unwilling to give up for Christ?

xxvi. Do I deny myself daily to follow Jesus?

xxvii. Have I paid all my debts to others?

xxviii. Do I have anything in my possession that does not rightly belong to me?

xxix. Do I have any habit I should give up?

xxx. Is there jealousy in my heart?

xxxi. Have I wronged anyone and failed to make restitution?
Personal Spiritual Preparation Guide

xxxii. Is my mind honest and clean before God?

xxxiii. Are my thoughts pure?

xxxiv. If married, am I faithful to my wedding vows – in deed and thought?

xxxv. Is my home a testimony for Jesus?

xxxvi. Am I willing to forgive any wrong against me or against my family?

xxxvii. Do I have any secret sin that I excuse, but should forsake?

xxxviii. Have I forgiven those who have talked about me or my loved ones?

xxxix. Do I have a right attitude toward my fellow church members?

xl. Do I have a right attitude toward leaders in my church?

xli. Does my pastor know that he can count on me?
Personal Spiritual Preparation Guide

xlii. Have I honestly tried to be a good witness for Christ today?

xliv. Do I really believe in the power of God to cleanse any sinner, change any life, take care of any situation, or guide me in my decisions?

xliv. Is there any other sin the Lord has brought to my mind?

IV. PRAY

a. For yourself
   i. Cleansing
   ii. Strength
   iii. Courage to forsake the sins confessed above

b. Ask God to fill you with the Holy Spirit

c. For your family

d. For your church – your pastor, staff, deacons, other leaders; pray for unity within our faith family
Personal Spiritual Preparation Guide

e. For those working LIFE Week

i. Our evangelist: Dr. Joe Arthur
ii. Those leading in worship
iii. Those leading in follow-up
iv. Our 1st Impression team (Parking, greeters, ushers, etc)
v. Those working with sound and video

f. For those who have fallen away from the Lord – to be convicted, confess their sin, be restored to right relationship

g. For those trapped by addiction – to be set free.

h. For the unsaved – for the Lord to do a work in their lives which brings them to see their need for Him.

i. Ask God to burden you for individuals – and use you to reach them.

Thank you for working through the LIFE Week Spiritual Preparation Guide. We know some parts may have been difficult to face, but we trust the Lord met with you in a powerful way and that your heart is prepared for a life-changing encounter with God!